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WIFE SAVERS
 By Mrs. Mary Morton

BRIDE'S FIRST CANNING
 The mercantile canning of fruit and vegetables has reached such a point of efficiency that one question sometimes whether it pays to do home canning. There are still some of us, however, who cling to the belief that home-canned things have a better flavor than those that are put up wholesale in factories. Then, too, we are not as likely to keep a large supply of these store-canned things on hand as we are of the home-canned kind which we put up a little at a time so that we do not notice the cost. And again, if we make our own sauces, jellies and jams we can make combinations that the shops do not carry. Nothing is so pleasing to the eye of the average housewife, moreover, as a shelf of luscious-looking canned fruit. I always glaze over such display, myself, and imagine others do the same.

So, ye Brides of June, buy your cans and jelly glasses, choose your method—cold pack or the old-fashioned way—sterilize and measure and cook as accreted and meticulously as possible, for canning is a scientific process and follows natural laws, and only by following such laws can you be successful. Your cans of fruit and vegetables MUST be airtight in order to keep. Scrape the tin covers of your jelly glasses and put them on after the paraffin has been poured over and thoroughly cooled. A woman I know lost a large number of glasses of jelly because large black ants got in her cupboard and devoured paraffin and jelly with great relish. Mice will do the same mean trick, so see that each glass is properly covered to prevent it.

Foamy Omelet—Six eggs, one-half teaspoon salt and pepper, six tablespoons water, three teaspoons butter. Beat the yolks of the eggs until light, add the seasonings and milk. Beat the whites of the eggs until stiff and fold into the mixture. Pour into a not greased skillet, and when set put in a hot oven for ten minutes.

Escalloped Rhubarb—Three cups bread crumbs, three cups rhubarb, three tablespoons butter, one-half cup sugar, one-half teaspoon cinnamon, one-half cup water. Place a layer of crumbs in the baking dish and place small lumps of butter here and there on the crumbs, and then a layer of rhubarb. Sprinkle the sugar and cinnamon on the rhubarb. Add the water before the top layer of crumbs which have been buttered. Cover the dish and bake for thirty minutes. Then uncover and allow the pudding to brown. Serve hot with cream.

Three-of-a-Kind Sherbet—Three cups water, three cups sugar, three egg whites, pulp of three oranges, pulp of three lemons, pulp of three bananas. Squeeze the juice from the lemons and oranges and put the pulp of the bananas, oranges and lemons through a strainer. Add the water to the sugar until dissolved and then to the fruit. Freeze until the mixture is of the consistency of mush. Then add the egg whites beaten stiff, re-pack and finish freezing.

Who has not said unto himself: "I'll beat it to the bushes?" For now it seems it's proper, Pard, To load our Lizzies to the guard And realize our wishes.

In the practice of medicine there are too many advocates of the "give-'em-what-they-want" policy.

Our idea of an ideal vacation is to contemplate the beauties of Nature, unincumbered by fleas, bedbugs, mosquitoes or taxes.

Quacks don't hesitate to announce cures for cancer. Eminent scientists, still working on the problems, have as yet no announcement to make.

We toil and we struggle, For it's hard to get loose From our thirst for the grape When we ferment the juice.

Willie, why is your hair wet? Divers reasons, Ma.

The time is here for you and me To seek the restless, troubled sea; There to nurse our sunburnt rash And spend our winter's hard-earned cash.

Before he marries, the right kind of young man will obtain from his physician a clean bill of health.

Clean outdoor air raises one's resistance against the germs that float in dusty indoor air.

Cuban Itch and Havana cigars are neither Cuban nor Havana.

An oily rag beats a duster and a vacuum cleaner beats either.

This—minus fleas, ticks, bedbugs—is the life.

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COMING MOVIE ATTRACTIONS

Laura La Plante, Universal's newest star, a graduate of the film company's dramatic training school, receives as her diploma a starring contract in "Excitement," a farce comedy which has its first local showing at the Torrance theatre Thursday and Friday.

Previous to the time when she was made a star she was playing romantic leads with Universal stars and was featured in all-star productions such as "Crooked Alley." She began her dramatic career as a comedy extra girl, was soon promoted to small parts, and later to important roles. Her work was consistently good, and long before she was made a star her work was attracting widespread favorable comment.

Because she is a small girl, admittedly pretty, photographs beautifully, and has a personality of "springy charm," is light complexioned with blue eyes and blonde hair, she felt from the beginning that she would succeed before the camera.

Miss La Plante was born in St. Louis in 1904. She has lived in California since the age of 9. She attended grade school in San Diego and high school in Los Angeles.

Her outstanding screen work before she was starred was the characterization of the society girl "Spring Young," the racing film starring Reginald Denny. Immediately after Universal's executives viewed this picture she was made a star and started to work in "Excitement." She also did excellent work in the leading feminine roles of "Out of Luck" and "The Rambler Kid," starring Hoot Gibson.

ORDINANCE NO. 91
 An Ordinance Regulating the Ignition of Fire Works in the City of Torrance.

The Board of Trustees of the City of Torrance do ordain as follows:

Section 1
 It shall be unlawful for any person to ignite or cause to be ignited any fireworks, cannon crackers, roman candles, sky rockets, explosives, or fire works display of any kind in the City of Torrance at any time except on the Third and Fourth days of July of each year unless such person shall first have obtained permit from the Chief of Police of said City permitting a display of fire works.

Section 2
 Any violation of this ordinance shall be punishable by a fine of not less than Five Dollars (\$5.00) or more than Fifty Dollars (\$50.00).

Section 3
 This ordinance is hereby declared an emergency measure necessary for the preservation of the health and safety of the people of the City of Torrance.

Section 4
 The City Clerk shall certify to the adoption of this ordinance as an emergency ordinance becoming effective at once, and shall cause the same to be published twice in the Torrance Herald.

Approved:
 R. R. SMITH,
 President of the Board of Trustees of the City of Torrance.

Attest:
 A. H. BARTLETT,
 City Clerk of the City of Torrance.
 (Seal) of Torrance.

State of California, County of Los Angeles.—ss.
 I, A. H. Bartlett, City Clerk of the City of Torrance, do hereby certify that the foregoing Ordinance was duly and regularly adopted by the Board of Trustees of the City of Torrance at a special meeting of said Board held on the 23rd day of June, 1924, by the following vote:
 Ayes: Trustees Brooks, Deinger, Fitzhugh, Smith.
 Noes: Trustees none.
 Absent: Trustee Torrance.
 In Witness Whereof I have hereunto set my hand and official seal of said city.
 (Seal) A. H. BARTLETT,
 City Clerk.

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HOW'S YOUR HEALTH?
 By Dr. W. F. Thompson

To go in debt Means destitution; Then comes disease And dissolution.

It's funny how we're all in after a night out.

When the backyard's clean the graveyard's empty.

For healthy complexions Mean rich, healthy blood: A life in the open Beats daubing on mud.

Well, anyway, some of the American Beauties are painted by God.

More famous last words: This bottle isn't labeled, but I know what's in it.

Moles, when irritated, sometimes become malignant. If you have a mole, therefore, don't molest it.

Breathes there a man who has the pelf,

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